# Proposed Sanitary Products (Free Provision) (Scotland) Bill

#### Page 2: About you

Are you responding as an individual or on behalf of an organisation?
on behalf of an organisation

Which of the following best describes you? (If you are a professional or academic, but not in a subject relevant to the consultation, please choose "Member of the public".)

No Response

Please select the category which best describes your organisation

Other (e.g. clubs, local groups, groups of individuals, etc.)

Please choose one of the following; if you choose the first option, please provide your name or the name of your organisation as you wish it to be published.

I am content for this response to be attributed to me or my organisation

Please insert your name or the name of your organisation. If you choose the first option above, this should be the name as you wish it to be published. If you choose the second or third option, a name is still required, but it will not be published.

Glasgow Labour Group

Please provide details of a way in which we can contact you if there are queries regarding your response. Email is preferred but you can also provide a postal address or phone number. We will not publish these details.

### Page 7: Your views on the proposal

Q1. Which of the following best expresses your view of the proposed Bill?

**Fully Supportive** 

#### Please explain the reasons for your response

Glasgow Labour Group supports this proposal because we believe people who menstruate should have access to period products as and when they require them with no cost attached. Periods are a natural bodily function, and not the choice of the menstruating woman and therefore it is an inequality that these products are

Q1. Which of the following best expresses your view of the proposed Bill?

not affordable to some in our society

### Page 8: Universal provision of sanitary products

Q2. Do you think a universal, card-based system (modelled on the c-card system for free condoms) would be an effective means of providing sanitary products for free to those who need them?

Yes

#### Please explain the reasons for your response

Universal access is important, it will ensure the products get to all those who need them and will not miss out those on low incomes and perhaps not in receipt of benefits. A c-card style scheme would also prove beneficial in avoiding any potential stigma. Females who menstruate should have access to period products as and when they require them with no cost attached. Most of the people experiencing menstruation identify as women and girls. Lack of access to sanitary products is considered to be rooted in gender inequality.

Q3. Which of the following best expresses your view in relation to a card-based system?

The card should be available to anyone; card-holders should have unlimited access to free sanitary products

#### Please explain the reasons for your response.

The free condom scheme is well established but has a relatively low take-up rate — with those who can afford it choosing to purchase items. The reasons for supporting a universal system of free sanitary products follows the same logic — these products should be available for free for anyone who needs them, but this does not mean that every individual will choose to take up the free scheme. However, keeping a system of universality will help to prevent stigma and ensure all will have access to sanitary protection should they need it. It is important to note that like the C-card initiative, there should be a choice of sanitary products available to those who require them through the card-based system as one type of product may not suit everyone. There are many families across Scotland who are struggling to afford sanitary products but are not yet at the stage of having to use a food bank, therefore this is not something that could properly be means tested. A universal card-based system would allow those families to get the products needed without having to worry about their finances from month to month and if they would qualify for access to free sanitary products if ruled out in a benefit type scheme instead.

Q4. Do you have a view on which locations would be most suitable for dispensing free sanitary products (e.g. GP surgeries, pharmacies, community centres, health clinics)?

No Response

## Page 11: Schools, colleges and universities

Q5. Do you agree that there should be specific obligations on schools, colleges and universities to make sanitary products available for free (via dispensers in toilets)?

Q5. Do you agree that there should be specific obligations on schools, colleges and universities to make sanitary products available for free (via dispensers in toilets)?

Yes

#### Please explain the reasons for your response

Young people in Scotland should not be taking days off school because they don't have adequate period products. Access to products via dispensers in school toilets would be a good way to ensure the dignity of young people is a priority. Glasgow Labour pays particular tribute to Monica Lennon MSP for her role in this campaign, which will soon see school children across Glasgow having access to free sanitary products.

# Page 12: Personal experience (questions 6 and 7 are for individual respondents only)

Q6. Have you ever struggled to access or afford sanitary products during menstruation? (e.g.financial barriers, unexpected circumstances, health issues)

Not applicable: I do not need or use sanitary products

Q7. If sanitary products were available for free, which of the following would apply to you?

Not applicable: I do not need or use sanitary products

# Page 14: Financial implications

Q8. Taking account of both costs and potential savings, what financial impact would you expect the proposed Bill to have on:

	Significant increase in cost	Some increase in cost	Broadly cost- neutral	Some reduction in cost	Significant reduction in cost	Unsure
(a) Government and the public sector (e.g. local authorities, the NHS)		X				
(b) Colleges and universities		X				
(c) Businesses (including suppliers/retailers of sanitary products)		x				
(d) Individuals (including consumers of sanitary products)					X	

Q9. Are there ways in which the Bill could achieve its aim more cost-effectively (e.g. by reducing costs or increasing savings)?

The financial implications of this will be low compared to the positive effect it will bring to society

### Page 16: Equalities

Q10. What overall impact is the proposed Bill likely to have on equality, taking account of the following protected characteristics (under the Equality Act 2010): age, disability, gender re-assignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation?

Positive

Q11. In what ways could any negative impact of the proposed Bill on equality be minimised or avoided?

No Response

#### Page 18: Sustainability

Q12. Do you consider that the proposed Bill can be delivered sustainably i.e. without having likely future disproportionate economic, social and/or environmental impacts?

Yes

# Page 19: General

Q13. Do you have any other comments or suggestions on the proposal?

Women, girls and people who menstruate deserve to be able to access period products as and when they are required and with no cost attached. Menstruation is not a choice, it's a natural, bodily function yet it is spoke about in hushed voices and menstrual healthcare and hygiene is not yet embedded in our health and education systems.

Women, girls and people who menstruate should not have stress or anxiety or be forced to make a choice between food and managing their monthly period. Those in education should not have to miss out because they can't get access to period products. Homeless women should be able to have their periods with some dignity. And household budgets should not be put under strain because period products have to be purchased for 2, 3, 4 or more people menstruating in the home.

We also recognise that menstruation creates additional complexities for those whose gender identity is not the same as the sex they were born with. We therefore believe that a C-card system, as laid out previously, would avoid potential issues of stigmatisation.